



UNDERSTANDING STROKE/TIA*

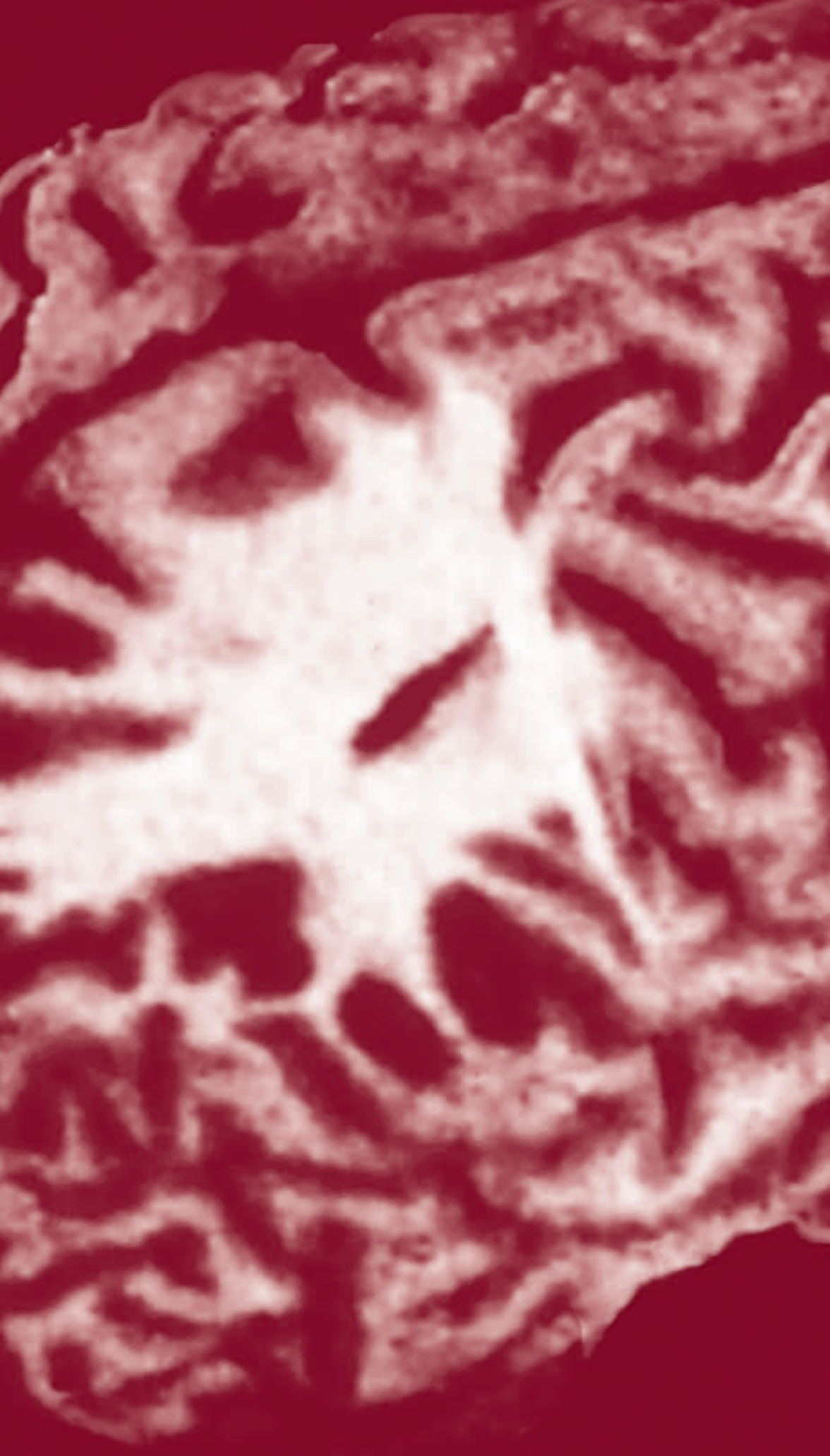
FIND OUT WHAT YOU NEED TO KNOW

*This is a "warning stroke" or "mini-stroke" that produces stroke-like symptoms but no lasting damage. Recognizing and treating TIAs can reduce your risk of a major stroke.

**EP PLAN EP
OLOGO**



STRATEGIES *for*
CHRONIC CARE™



SUPPORT AND RESOURCES

These organizations can help you learn more about stroke.

American Stroke Association (ASA)
A Division of the American Heart Association
1-888-4-STROKE
www.strokeassociation.org

Centers for Disease Control and Prevention (CDC)
404-639-3534
www.cdc.gov

The Brain Attack Coalition
301-496-5751
www.stroke-site.org

Administration on Aging (AOA)
National Family Caregiver Support Program
202-619-0724
www.aoa.gov/prof/aoaprogram/caregiver/caregiver.asp

National Institute of Neurological Disorders and Stroke (NINDS)
A Division of the National Institutes of Health
301-496-5751
www.ninds.nih.gov/index.htm

National Stroke Association (NSA)
1-800-STROKES (787-6537)
www.stroke.org

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