

Know Your Medicines

How Well Do You Know Your COPD* Medicines?

When you have COPD, it is very important to understand what your medicines do and how to use them. Use the chart below to check how much you know and how well you are using your COPD medicines.

Check the correct box below each question. If you are not sure what to answer, ask your doctor or pharmacist.

Do you have a prescription for a "rescue medicine?"

Yes No

Do you have a prescription for a daily medicine?

Yes No

Do you take other medicines for COPD, such as oral steroids or antibiotics (an-tie-by-ah-tiks)?

Yes No

Did your doctor tell you how and when to use your "rescue medicine?"

Yes No

Did your doctor tell you to take these medicines every day?

Yes No

Did your doctor tell you when to take these medicines?

Yes No

What "rescue medicine" do you use?

- Inhaler
- Inhaler + spacer

Do you take your daily medicines every day?

Yes No

Do you talk to your doctor at each visit to make sure you know when to use them?

Yes No

Talk to your healthcare practitioner (prak-tih-shun-er) to find out more about how your medicines can help your COPD symptoms.

Did You Know? The medicines your doctor prescribes for your COPD can help you manage your health better.

*Chronic (kron-ick) obstructive (ob-struck-tiv) pulmonary (pull-muh-nair-ee) disease, including chronic bronchitis (bronk-eye-tis), emphysema (em-fuh-zee-muh), or both.

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