

Talking to Your Doctor About COPD*

Here are some things you may wish to discuss on your next visit to your healthcare practitioner (prak-tih-shun-er). You can write the answers you get on the lines below each question.

QUESTIONS TO DISCUSS WITH YOUR HEALTHCARE PRACTITIONER

What signs of a flare-up should I watch out for?

What else can I do to reduce my COPD symptoms?

What should I do if I have a flare-up?

When and where should I get a flu shot?

Should I make any changes in the medicines I take?

Should I get a pneumonia (noo-moan-ya) shot?

*Chronic (kron-ick) obstructive (ob-struck-tiv) pulmonary (pull-muh-nair-ee) disease, including chronic bronchitis (brank-eye-tis), emphysema (em-fuh-zee-muh), or both.

Did You Know? Bringing a list of questions on your next visit to your healthcare practitioner can help you remember everything you wanted to discuss about COPD.

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