



There are risks to almost every drug therapy, but your healthcare provider (HCP) prescribed your medicine because the health benefits you get from taking it are bigger than those risks. Some medicines make it easier for you to do normal daily activities. Others keep your health from getting worse. Some can help save your life.



### **Behind the scenes**

You may not feel your medicine working, but it may be doing more than you think. For example, it could be preventing other serious health problems or even death. You may not feel the effects on a daily basis, but the long-term benefits of taking your medicine may be life saving.



### **Timing is everything**

Taking your medicine around the same time every day keeps the correct amount of the drug in your body. Most medicine continues to work between doses, not just around the time you take it. Just like eating a good breakfast can keep you full until lunch, taking your medicine at the same time each day can help you keep going throughout the day.



### **Taking your medicine can save you money**

Your medicine could be saving you from some big medical bills. Not taking your medicine correctly—or not taking it at all—could mean extra visits to the HCP or more serious health problems that send you to the hospital.