



1

**Because some conditions are silent killers.**

They could be affecting your health, even if you feel perfectly fine. You may not feel the effects of the medicines that treat these conditions, but they are working to help keep your condition under control. For example, you usually can't feel high blood pressure, but it can damage your heart if it's not treated.

2

**Because some medicines prevent serious complications.**

In addition to helping you manage your condition, some medicines also help protect you from other health problems like heart attacks or strokes.

3

**Because stopping some medicines may lead to withdrawal symptoms.**

When you take some medications, your body gets used to having them in your system. If you just stop taking them, you may experience a negative reaction. These symptoms can vary based on the medication you are taking. You should *a/ways* talk to your healthcare provider (HCP) or pharmacist before you stop taking your medicine.

4

**Because staying on your medicine can save you money.**

If you take your medicines as prescribed, you can avoid costs for hospital stays and extra HCP visits that might occur if your condition got worse because you stopped taking your medicine.

5

**Because not taking your medicine may cause you to feel sick again.**

If you're thinking about not taking your medicine because you feel better, think again. You're feeling better *because* your medicine is working like it is supposed to. To keep feeling good, you need to keep taking it.

6

**Because \_\_\_\_\_.**

Fill in the blank with your own reason to keep taking your medicine!