

Sometimes you can't feel your medicine working or see how it's helping you, which makes it hard to understand why you should keep taking it. Your healthcare provider (HCP) prescribed your medicine because it can help keep you healthy, but only if you continue to take it.



Behind the scenes

You may not feel your medicine working, but it may be doing more than you think. For example, it could be preventing serious health problems, complications or even death. You may not feel the effects on a daily basis, but the long-term benefits of taking your medicine may be life saving.



Timing is everything

Taking your medicine around the same time every day keeps the right amount of the drug in your body. Most medicine continues to work between doses, not just around the time you take it. Just like eating a good breakfast can keep you full until lunch, taking your medicine at the same time each day can help you keep going throughout the day.



Your medicine can save you money

Your medicine could be saving you from some big medical bills. Not taking your medicine correctly—or not taking it at all—could mean extra visits to the HCP or more serious health problems that send you to the hospital.



More benefits than risks.

Your HCP prescribed your medicine because the benefits to your health are greater than the risks of most side effects. But some side effects can be dangerous, so read the information that comes with your medicine and ask your HCP or pharmacist if you have questions.