



If your insurance pays for some or all of your prescription costs, you may have heard of a “formulary”. A formulary is a list of medicines that are approved by your insurance based on how well they work, how safe they are and how much they cost. It might also be called a “preferred drug list.” Choosing drugs from this list can help you save money on your prescription costs.

You can find out what medicines are on the list by visiting your insurance company’s web site or calling their toll-free number. You may also have received a copy of your formulary with your insurance card.



Bring your formulary with you to your next healthcare provider (HCP) visit. With it, you and your HCP can talk about:

- What drugs are on the list
- The possibility of switching to a preferred drug if you are not already on one
- The difference between brand name drugs and generics, and which is right for you
- Other medication treatment options available to you

If you have trouble finding your formulary, ask your HCP or pharmacist for help.