

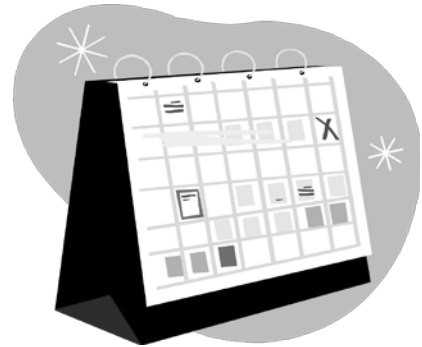


Taking medicine is nothing to be ashamed of. Long lines and crowds can make it hard to talk to your pharmacist about your health and medicines. But there are ways to cut through the hustle and bustle and get the answers you need!

Schedule an appointment

Before your next trip to the pharmacy, call to see if your pharmacist is available to talk with you privately. Setting up a time for an in-depth talk in a private, quiet area of the pharmacy can make it easier to talk about your medicines. You and your pharmacist can:

- Review all of your medicines—including prescriptions and any over-the-counter products you may use
- Discuss any problems you are having with your medicine
- Talk about any other questions you may have



If you have a few questions but don't want to ask when there is a line of people behind you, you can call to schedule a quick discussion with your pharmacist.

Other ways to connect

Talking face-to-face with your pharmacist is a great way to make sure you are getting the most out of your medicine, but it may not always be an option. The good news is there are other ways to make a connection!

- **Phone:** There's a reason your pharmacy's phone number is listed on all of your prescription bottles—don't hesitate to call if you have questions about your medicines!
- **Email:** If you have access to a computer, ask your pharmacist if it is possible for him or her to contact you via email.

