



FOR NEW MEDICATIONS

Ask your HCP . . .

- What is this new medicine for?
- Are there any non-drug options that I could consider?
- What are we hoping this new medicine will do for me?
- When should I expect the medicine to begin working?
- When can I expect the full effect of this medicine to occur?
- How long will I have to take this medicine?
- How often will I need to come back to check the effects of this medicine?
- Will I need any tests to see if the medicine is working? If so, what tests and how often?
- What happens if I have side effects from the medicine?
- What happens if the medicine does not seem to work or does not work well enough?



FOR EXISTING MEDICATIONS

Ask your HCP . . .

- Do I still need to take this medicine?
- Specifically, why do I need to take this medicine?
- Are there any tests to check if the medicine is working? If so, what tests?
- What are my results?
- Are my results where they should be? Or could the results be better?
- If results could be better, what changes if any do you plan to make to my medications?
- What can I do to make results better?
- If you have symptoms or side effects, ask if these could be due to your medicine.
- Tell your HCP if you do not think your medicine is helping.

Source: Adapted from adultmeducation.com